

Your guide to Dental Blue®
for individuals and families

Three good
reasons to smile.

Dental Blue Basic 100
Dental Blue Essential 100
Dental Blue Essential 200

Dental benefits help keep your overall health and your wallet in great shape.

Regular dental checkups and cleanings are important to your overall health. They also can help you feel better about yourself. That's why they're 100% covered within your plan network by Dental Blue.

No matter which plan you choose, you'll get access to some of the best dental care around. Dental Blue has thousands of dentists, and every one is a credentialed provider. Also, every specialist we contract with (such as oral surgeons and periodontists) can be found in all three Dental Blue network tiers.

That's how we make it easy for you and your family to get the dental care and treatment you need. So you can get the smile you want.

With Dental Blue, you have three choices of plan designs. So you're bound to find a perfect fit for you and your family.

	Dental plan			
	Blue Basic 100	Blue Essential 100	Blue Essential 200	All plans
Plan network	Dental Blue 100	Dental Blue 100	Dental Blue 100 & Dental Blue 200	Benefit from contracted rates at Dental Blue providers
Preventive and diagnostic care	100% covered in-network	100% covered in-network	100% covered in-network	No waiting period; no deductible in- or out-of-network; covers two routine cleanings and oral exams per year; molar/bicuspid X-rays; full mouth X-rays covered once every five years
Minor restorative (repair) dental care	80% covered in-network after \$50 deductible*	Pays set amount in-network and out-of-network after \$50 deductible*	Pays set amount in-network and out-of-network after \$50 deductible*	No waiting periods
Major restorative (repair) dental care	Not covered	Pays set amount in-network and out-of-network after \$50 deductible*	Pays set amount in-network and out-of-network after \$50 deductible*	12-month waiting period with Dental Blue Essential plans

*All deductibles (the amount you pay before your plan begins to pay) are per member per calendar year.

Preventive and diagnostic care: Services that help your dentist make sure your teeth and gums are healthy. Routine checkups, cleanings, X-rays, oral evaluations, fluoride applications.

Basic Plan: Fillings and space maintainers are included in minor restorative dental care; extractions are not covered.

Essential Plans: Fillings and extractions are included in minor restorative dental care; space maintainers are included in preventive and diagnostic dental care.

Major restorative dental care: crowns, bridges, root canals and dentures.

Save money with smart network choices

With each plan, you normally save the most by going to dentists that are in your plan's network. If you go to a dentist at a Dental Blue location outside of your network, you still benefit from contracted rates, but your out-of-pocket costs may be slightly higher.

Here's an example of how you can save. Suppose you visit an in-network dentist for an exam, cleaning, and X-rays (preventive services). The services cost \$243. Here's how much you would pay out-of-pocket depending on the plan and dentist you've chosen.

Dental plan

NETWORK	Blue Basic 100	Blue Essential 100	Blue Essential 200
Dental Blue 100	\$0	\$0	\$0
Dental Blue 200	\$34	\$34	\$0

(Numbers in bold are considered to be in-network.)

With Dental Blue plans, you also get savings that go beyond your plan benefits.

You get more for your money just because you're a member. Here are some in-network examples where you'll save money during times when you may not be covered:

- You go over your yearly maximum dollar amount that's allowed in your plan
- You see a dentist during a waiting period
- You got three cleanings in one year (which is one more than what's covered)

In any of these cases, you'd still get our great contracted rates because you're a Dental Blue member.

Finding a Dental Blue provider is easy!

Just go to [anthem.com](https://www.anthem.com) and click on “Find a doctor.”



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